

Ephesians 1:1-14 Bible Study Questions¹

- 1) How do you know if you should trust advice (medical, personal, financial, etc.)? If you were an Ephesian, why would you trust what he says about Christ (i.e. spiritual “advice”)?

- 2) In groups of 2, try to boil down list of blessings into a couple bullet points that outline everything.

- 3) Why do you think Paul mentioned (and thus God wants us to know) that we were chosen to be holy and predestined for adoption; what role does our faith play in this?

- 4) What rights or privileges does an adopted child have? What are the implications of our adoption as God’s children? Read Romans 8:15-17. How does being made sons and daughters free us from fear?

- 5) In verses 9 and 10 Paul talks about the purpose of God that was "set forth" in Christ to unite things in heaven and earth in him. This sounds pretty abstract--what does it mean?

- 6) Which of the blessings listed are you feeling most appreciative of right now?

- 7) What do you think the result would be of regularly reflecting on our spiritual blessings? How would it change your outlook/attitude in life? Your behavior? Your purpose in life?

- 8) The passage talks a lot about glory. Christians talk a lot about it as well. What is God's glory? Is it an abstract thing? A specific thing? How is it that certain blessings listed for the “praise of His glory”?

¹ Based on questions from the study found at:
<http://www.centerfieldproductions.com/downloads/crucommsamples/ourspiritualblessingsinchrist.pdf>